

Did you know...

1 in 6 children in New Jersey are food insecure?



Do you and your family have access to healthy foods?

Within the past 12 months, we worried whether our food would run out before we got money to buy more.

Often True Sometimes True Never True

Within the past 12 months, the food we bought just didn't last and we didn't have money to get more.

Often True Sometimes True Never True

Food is Important to Your Health

If you or someone in your household answers "often true" or "sometimes true" to either question above, please tell your doctor or nurse and find help here:

Apply for NJ WIC:

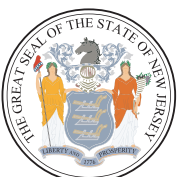
www.nj.gov/health/fhs/wic/participants/index.shtml

Apply for NJ SNAP:

www.njsnap.org

Additional Food and Nutrition Resources:

www.NJSNAP-Ed.gov



American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™
New Jersey Chapter



www.state.nj.us/health/fhs/wic/
www.njaap.org

