

## DOULA CARE

Community support for healthy pregnancies and follow-up care



### If you are a pregnant/postpartum NJ FamilyCare member...

You are eligible for community doula care to provide you physical, emotional, and informational support before and after you give birth, and during your labor and delivery. Your doula must get a licensed practitioner's recommendation to provide this care under the NJ FamilyCare program. You can request a recommendation (for example, from a doctor/midwife/nurse<sup>1</sup>) and give it to your doula. You can ask for a recommendation even if you don't know who your doula will be yet.



### If you are a doula...

You must secure and retain the record of a licensed practitioner's recommendation for each member prior to initiation of their doula care, storing the record in a manner consistent with HIPAA requirements.



### If you are a licensed practitioner<sup>1</sup>...

By providing this recommendation of doula services, you are enabling this individual to access non-clinical community doula services in addition to appropriate clinical care. A recommendation is not the same as a prescription/medical order<sup>2</sup>. Please use the form below or another format. You may provide a recommendation without identifying the doula who will serve the member.

*This form is an example of what can be used to access doula services through NJ FamilyCare. It is not necessary to use this specific form as long as a clinician's written recommendation is secured and retained by the doula.*

### Licensed Practitioner's Recommendation for Doula Care

NJ FamilyCare member full legal name (first, middle, last):

NJ FamilyCare member DOB (MM-DD-YYYY):

Licensed Practitioner's Signature:

Licensed Practitioner's full legal name (first, middle, last):

Licensed Practitioner's NPI Number:

Date of recommendation (MM-DD-YYYY):

<sup>1</sup>For the doula benefit, NJ FamilyCare defines a "licensed practitioner" as licensed clinicians, including behavioral health providers as well as obstetric and other medical providers. Recommendations from licensed, non-clinical providers will not be accepted. The recommending clinician need not be a NJ FamilyCare provider.

<sup>2</sup>Under NJ FamilyCare (NJ Medicaid/CHIP), doula services are provided as a preventive service. According to federal Medicaid law, 42 C.F.R. Section 440.130(c): "Preventive services" means services recommended by a physician or other licensed practitioner of the healing arts acting within the scope of authorized practice under State law to -

- (1) Prevent disease, disability, and other health conditions or their progression;
- (2) Prolong life; and
- (3) Promote physical and mental health and efficiency.

## CUIDADO DE UNA DOULA

Apoyo comunitario para embarazos saludables y cuidado de seguimiento



### Si usted es una participante de NJ FamilyCare embarazada/posparto...

Tiene derecho a recibir atención de una doula comunitaria para proporcionarle apoyo físico, emocional e informativo antes y después de dar a luz, y durante el parto. Su doula debe obtener una recomendación de un profesional licenciado para proporcionar esta atención bajo el programa NJ FamilyCare. Puede solicitar una recomendación (por ejemplo, de un médico/partera/enfermera<sup>1</sup>) y dársela a su doula. Incluso, puede pedir una recomendación si aún no sabe quién será su doula.



### Si usted es una doula...

Usted debe asegurar y conservar el registro de la recomendación de un profesional licenciado para cada participante antes de que se inicie su servicio de doula, guardando el registro de manera consistente con los requisitos de la HIPAA.



### Si usted es un profesional licenciado'...

Al proporcionar esta recomendación de servicios de doula, usted está permitiendo que esta persona tenga acceso a servicios no-clínicos de una doula comunitaria, además de la atención clínica adecuada. Una recomendación no es lo mismo que una prescripción/orden médica<sup>2</sup>. Por favor, utilice el siguiente formulario u otro formato. Usted puede proporcionar una recomendación sin identificar a la doula que atenderá a la participante.

Este formulario es un ejemplo de lo que se puede utilizar para acceder a los servicios de doulas a través de NJ FamilyCare. No es necesario utilizar este formulario específico siempre y cuando se asegure que la recomendación escrita de un clínico sea asegurada y retenida por la doula.

### Recomendación de un profesional con licencia para el cuidado de una doula

Nombre legal completo de la participante de NJ FamilyCare (nombre, segundo, apellido):

Fecha de nacimiento de la participante de NJ FamilyCare (MM-DD-AAAA):

Firma del profesional licenciado:

Nombre legal completo del profesional licenciado (nombre, segundo, apellido):

Número NPI del profesional licenciado:

Fecha de recomendación (MM-DD-AAAA):

<sup>1</sup>Para el beneficio de una doula, NJ FamilyCare define a un "profesional licenciado" como médicos autorizados, incluyendo los proveedores de salud conductual, así como los proveedores obstétricos y otros proveedores médicos. No se aceptarán recomendaciones de proveedores licenciados, no-clínicos. No es necesario que el médico recomendante sea un proveedor de NJ FamilyCare.

<sup>2</sup>Bajo NJ FamilyCare (NJ Medicaid/CHIP), los servicios de doula se proporcionan como un servicio preventivo. According to federal Medicaid law, 42 C.F.R. Section 440.130(c): "Preventive services" means services recommended by a physician or other licensed practitioner of the healing arts acting within the scope of authorized practice under State law to -

- (1) Prevent disease, disability, and other health conditions or their progression;
- (2) Prolong life; and
- (3) Promote physical and mental health and efficiency.