



NEW JERSEY DEPARTMENT OF HUMAN SERVICES

Quarterly Providers Meeting

Gambling Awareness Month

March 9, 2023

PRESENTER:

John White

Division of Mental Health and Addiction Services



Problem Gambling Awareness Month Proclamation 2023

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STATE OF NEW JERSEY
EXECUTIVE DEPARTMENT

Proclamation

WHEREAS, problem gambling is a significant public health issue affecting New Jersey residents of all ages and racial and ethnic backgrounds in communities throughout the state, and has a significant societal and economic cost; and

WHEREAS, an estimated 4% of youth and almost twice this percentage of college students have a gambling disorder, New Jersey has developed gambling prevention, outreach and education programs targeted to youth/young adults; and

WHEREAS, most individuals with a gambling disorder also have a mental health and/or alcohol/substance use diagnosis, New Jersey has funded treatment providers to serve individuals with these co-occurring disorders, in addition to funding training on gambling disorder and its treatment; and

WHEREAS, problem gambling is a treatable disorder and proper management is invaluable in minimizing the harm to individuals, their families and society as a whole; and

WHEREAS, promoting an awareness month provides individuals in the problem gambling prevention and treatment community with an opportunity to educate the public and policymakers about the social and financial effectiveness of services available for problem gambling; and

WHEREAS, healthcare providers are encouraged to screen individuals for problem gambling and to assist with access to treatment; and

WHEREAS, numerous individuals, professionals and organizations have dedicated themselves to educating the public about problem gambling and the availability and success of treatment;

NOW, THEREFORE, I, Philip D. Murphy, Governor of the State of New Jersey, do hereby proclaim:

MARCH 2023

AS

PROBLEM GAMBLING AWARENESS MONTH

in New Jersey.



GIVEN, under my hand and the Great Seal of the State of New Jersey, this twenty-second day of February in the year two thousand twenty-three, the two hundred forty-seventh year of the Independence of the United States.

Lt. GOVERNOR

GOVERNOR



Gambling Proclamation 2023

- With the advent of legalized sports betting, internet gaming and casinos in New Jersey, the need to identify and treat individuals with a gambling disorder has greatly increased.
- A statewide survey done nearly three decades ago turned up just a 2.8 percent rate of problem gambling, with a 1.4 percent rate of those who fell into the more severe category of having a gambling disorder.
- By contrast, those numbers have risen to nearly 15 percent for a gambling problem and 6.3 percent for a gambling disorder.

Gambling Proclamation 2023

- Raw data from a forthcoming New Jersey prevalence study suggests more than half of 18- to 20-year-olds had gambled in the past year, despite being underage.
- Of those, about 20 percent were already low- or moderate-risk problem gamblers and nearly 25% reported symptoms of gambling disorder.
- Most individuals with a gambling disorder also have a mental health and/or substance use disorder.

Professor: Sports Betting On Campus Is Not Worth The Gamble | Opinion

Dr. Lia Nower Published: Jan. 08, 2023

Gambling Proclamation 2023

- To address this need DMHAS has added to the Gambling Services in NJ the development of 15 Gambling Disorder Treatment Programs.
- These new Gambling Disorder services provide treatment to clients with Co-Occurring Mental Health and Substance Use Disorders by offering the following services:
 - Universal Screening
 - Assessment
 - One-on-one counseling
 - Group counseling
 - Psychoeducation counseling
 - Case Management

5 New Gambling Disorder Provider Sites Recently Awarded

Agency	Phone #	Address	County
Maryville	(855) 823-3428	129 Johnson Road, Suite 3 Turnersville, NJ 08012	Cumberland
SAFE	(732) 520-3688	1 Industrial Way West, Building A, Suite D, Eatontown, NJ 07724	Monmouth
New Bridge	(973) 839-2520	7 Industrial Road Pequannock, NJ 07440	Sussex
Trinitas Regional Medical Center	(908) 994-5000	654 East Jersey Street Elizabeth, NJ 07206	Union
Care Plus	(201) 383-6236	610 Valley Health Plaza, Paramus, NJ 07652	Bergen

First 10 Gambling Disorder Provider Sites Awarded

Agency	Phone #	Address	County
John Brooks Recovery Center	(609) 345-2020	660 Black Horse Pike, Pleasantville, NJ 08232	Atlantic
Maryville	(855) 823-3428	610 Pemberton Browns Mills Rd. Pemberton, NJ 08068	Burlington and Gloucester
New Bridge	(973) 839-2520	7 Industrial Road, Pequannock, NJ 07440	Morris and Passaic
New Hope	(800) 705-4673	80 Conover Road, Marlton, NJ 07746	Monmouth
Richard Hall	(908) 725-2800	500 North Bridge Street, Bridgewater, NJ 08807	Somerset
Rutgers UBHC	(800) 969-5300	671 Hoes Lane West, Piscataway, NJ 08854-8021	Essex and Middlesex
Vantage	(201) 567-0059	2 Park Ave, Dumont, NJ 07628	Bergen

For any additional information or for questions about the gambling disorder programs, contact John White at john.white@dhs.nj.gov

For the Council on Compulsive Gambling
of New Jersey
<https://800gambler.org>
or call 1-800-GAMBLER®