

New Jersey Human Services is here to help you and your family.

## GET HELP WITH:



### AFFORDING HEALTH CARE COVERAGE

Visit [www.NJFamilyCare.org](http://www.NJFamilyCare.org)  
1-800-701-0710



### AFFORDING GROCERIES

Visit [www.NJSNAP.gov](http://www.NJSNAP.gov)  
1-800-687-9512



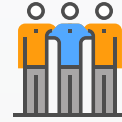
### INCOME ASSISTANCE FOR INDIVIDUALS AND FAMILIES

Visit [NJHelps.org](http://NJHelps.org)



### CHILD CARE

Visit [www.ChildCareNJ.gov](http://www.ChildCareNJ.gov)  
1-800-332-9227



### ADDICTION TREATMENT AND RECOVERY

Call 844-REACHNJ



### MENTAL HEALTH & EMOTIONAL SUPPORT

Suicide & Crisis Lifeline 988  
NJMentalHealthCares 866-202-HELP  
ASL Videophone 973-870-0677



### SUPPORTS FOR OLDER RESIDENTS

Call 877-222-3737



### SERVICES FOR INDIVIDUALS WITH DISABILITIES

Call 888-285-3036

