

SECTION 7

INTERCHANGES

7-01 GENERAL

The capacity of arterial highways, particularly in urban areas, to handle high volumes of traffic safely and efficiently depends, to a considerable extent, upon their ability to accommodate crossing and turning movements at intersecting highways. The greatest efficiency, safety and capacity are attained when the intersecting through traffic lanes are grade separated.

An interchange is a system of interconnecting roadways in conjunction with one or more grade separations, providing for the movement of traffic between two or more roadways on different levels. Safety and traffic capacity are increased by the provision of interchanges. Crossing conflicts are eliminated by grade separations. Turning conflicts are either eliminated or minimized, depending upon the type of interchange design.

One intent of this section is that except in the most extreme circumstances, all new interchanges should provide for all movements. However, it is recognized that circumstances may exist when initial construction of only part of an interchange might be appropriate. Where such circumstances exist, commitments, possibly even purchase of necessary right-of-way during the initial project stage for future completion, must be made.

7-02 WARRANTS FOR INTERCHANGES

7-02.1 Freeways and Interstate Highways

Interchanges should be provided on Interstate highways and freeways at all intersections where access is to be permitted. Other intersecting roads or streets are either grade separated, terminated, or rerouted.

7-02.2 Other Highways

On highways with only partial control or no control of access, definite warrants cannot be specified as they may differ at each location. The following factors should be considered in analyzing a particular situation:

1. Reduction of Congestion

Insufficient capacity at the intersection of heavily traveled highways results in intolerable delays and congestion in one or all approaches. The inability to provide the essential capacity with an intersection at grade provides the warrant for an interchange.

2. Improvement of Safety

Some intersections at grade have a high accident rate even though serving light traffic volumes. Other more heavily traveled intersections have a history of serious accidents. If the safety at such intersections cannot be improved by more inexpensive methods, construction of an interchange facility may be warranted.

3. Site Topography

At some sites, the topographic conditions may be such that the provisions of an interchange facility may entail no more cost than an at-grade intersection.

4. Traffic Volume

For a new intersection under design, an interchange would be warranted where a capacity analysis indicates that an at-grade design cannot satisfactorily serve, without undue delay and congestion, the traffic volumes and turning movements expected.

7-03 INTERCHANGE TYPES

7-03.1 General

The selection of an interchange type and its design are influenced by many factors, including the following: the speed, volume and composition of traffic to be served, the number of intersecting legs, the standards and arrangement of the local street system including traffic control devices, topography, right-of-way controls, local planning, proximity of adjacent interchanges, community and environmental impact consideration and cost. Even though interchanges are, of necessity, designed to fit specific conditions and controls, it is desirable that the pattern of interchange ramps along a freeway follow some degree of consistency. It is frequently desirable to rearrange portions of the local street system in connection with freeway construction in order to effect the most desirable overall plan of traffic service and community development.

The use of isolated ramps or partial interchanges should be avoided because wrong-way movements are more prevalent at isolated off-ramps and there is less confusion to motorists where all traffic movements are provided at an interchange. In general, interchanges with all ramps connecting with a single cross street are preferred.

Interchange types are characterized by the basic shapes of ramps: namely; diamond, loop, directional or variations of these types. Many interchange designs are combinations of these basis types.

7-04 INTERCHANGE DESIGN ELEMENTS

7-04.1 General

Geometric design for all interchange roadways should follow the design guides as covered in SECTION 4, "BASIC GEOMETRIC DESIGN ELEMENTS."

7-04.2 Spacing

The minimum spacing of interchanges for proper signing on the main road should be at least 1 mile between urban crossroads and 2 miles along rural sections. In urban areas, spacing of less than 1 miles may be developed by using grade separated ramps or by adding collector-distributor roads. Closely spaced interchanges interfere with free traffic flow and safety, even with the addition of extra lanes, because of insufficient distance for weaving maneuvers. During the early design stage, the Bureau of Traffic Signals and Safety Engineering should be consulted to assure that proper signing of the interchange is possible.

7-04.3 Sight Distance

Sight distance along the through roadways and all ramps should be at least equal to the minimum safe stopping sight distance and preferably longer for the applicable design speed. See SECTIONS 4 & 6 for sight distance requirements.

7-04.4 Alignment, Profile and Cross Section

Traffic passing through an interchange should be provided the same degree of utility and safety as on the approaching highways. The standards for design speed, alignment, profile and cross section for the main lanes through the interchange area should be as high as on the approach legs. Desirably, the alignment and profile of the through highways at an interchange should be relatively flat with high visibility. The full roadway cross section should be continued through the interchange area and adequate clearances provided at structures.

7-04.5 Ramps

1. General

The term "ramp" includes all types, arrangements, and sizes of turning roadways that connect two or more legs at an interchange. The components of a ramp are a terminal at each end and a connecting road, usually with some curvature, and on a grade. Ramps are one way roadways.

2. Ramp Capacity

The capacity of a ramp is generally controlled by one of its terminals. Occasionally the ramp proper determines the capacity, particularly where speeds may be significantly affected by curvature, grades, and truck operations. Figure 7-A shows the basic values (Service Volumes) for the ramp proper on single lane ramps.

3. Design Speed

It is not practical to provide design speeds on ramps that are comparable to those on the through roadways. Ramp design speeds however should not be less than 25 mph. On cloverleaf interchanges, the outer connections should desirably be designed for 35 mph.

Recommended ramp design speeds for various ramp configurations are as follows: Loop ramps, 25 mph; semidirect, 30 mph; and direct connections, 40 mph.

4. Grades

Ramp grades should be as flat as feasible to minimize driving effort required in maneuvering from one road to another. On one-way ramps, a distinction can and should be made between upgrades and downgrades. As general criteria, it is desirable that maximum upgrades on ramps be limited to the following:

**Table 7-1
Upgrades on Ramps**

Design Speed (mph)	Maximum Upgrade Range (Percent)
45 – 50	3 - 5
35 – 40	4 - 6
25 – 30	5 - 7
15 – 25	6 - 8

Minimum ramp grades should not be less than 0.3 percent. One way downgrades on ramps should be held to the same general maximums, but in special cases they may be 2 percent greater. When the ramp is to be used predominately by truck traffic (many heavy trucks), one-way upgrades should be limited to 5 percent and one-way downgrades should be limited to 8 percent.

INSERT FIGURE 7-A HERE

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5. Sight Distance

On ramps, no planting of vegetation that would restrict the sight distance to less than the minimum for the applicable design speed shall be permitted.

6. Ramp Widths

Figure 7-B illustrates the desired ramp widths for various ramp curvatures. Single lane ramp widths will be based on Case II for the ramp proper and Case I at the entrance terminal. Case III should be used in determining ramp widths on two lane ramps. See SECTION 5, Figure 5-J for typical single and two lane ramp sections.

7. Location of Ramp Intersection on Cross Road

Factors which influence the location of ramp intersections on the cross road include sight distance, construction and right-of-way costs, circuitry of travel for left turn movements, cross road gradient at ramp intersections, storage requirements for left turn movements off the cross road, and the proximity of other local road intersections.

For left maneuvers from an off ramp at an unsignalized intersection, the length of cross road open to view should be greater than the product of the prevailing speed of vehicles on the cross road and the time required for a stopped vehicle on the ramp to safely execute a left turn maneuver. See SECTION 6 for sight distance at intersections.

Where design controls prevent locating the ramp terminal a sufficient distance from the structure to achieve the required sight distance, the sight distance should be obtained by flaring the end of the overcrossing structures or setting back the piers or end slopes of an undercrossing structure.

Sharp curves at an off ramp terminal (at the intersection with the local street) should be avoided, even if such an intent is to provide an acceleration lane for merging into the local street traffic. It is often better to provide a near 90 degree intersection with stop sign control.

Slip ramps from the freeway to a local parallel two-way street should also be discouraged because of limited sight distance usually encountered at the merge with the local street traffic.

INSERT FIGURE 7-B HERE

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7-05 SUPERELEVATION AND CROSS SLOPE FOR INTERCHANGE RAMPS

Table 7-2 provides a suggested range of superelevation rates for various interchange ramp radii. Desirably, 6% superelevation should be used on all interchange ramps with radii of 430 ft. or less. For interchange ramps with radii greater than 430 ft., the use of the higher rate shown in the Table is preferred. Ramp alignment which precludes the attainment of superelevation without a reasonable transition distance should be avoided.

**Table 7-2
Interchange Ramp Superelevation**

Design Speed (mph)	Radius (feet)								
	150	230	310	430	600	1000	1500	2000	3000
25	4 - 6	3 - 6	3 - 6	3 - 5	2 - 4	2 - 3	2	2	2
30	---	6	5 - 6	4 - 6	3 - 5	3 - 4	2 - 3	2	2
35	---	---	---	6	5 - 6	4 - 5	3 - 4	2 - 3	2
40	---	---	---	---	---	5 - 6	4 - 5	3 - 4	2 - 3

Exceptions to the use of the full superelevation are at street intersections where a stop or reduced speed condition is in effect and, under some conditions, at ramp junctions. Edge of pavement profiles should be drawn at ramp junctions to assure a smooth transition.

The cross slope on tangent sections of ramps are normally sloped one-way at two percent, see Figure 5J.

The length of superelevation transition should be based on a maximum distribution rate of 2 percent per second of time for the design speed. With respect to the beginning and ending of a curve on the ramp proper (not including terminals), two-thirds of the full superelevation rate should be provided at the beginning and ending of the curve. This may be altered as required to adjust for flat spots or unsightly sags and humps when alignment is tight. The principal criteria is the development of smooth-edge profiles that do not appear distorted to the driver.

See Section 7-06.2, "Ramp Terminals", for a discussion on development of superelevation at free-flow ramp terminals and the maximum algebraic difference in cross slope at crossover line.

7-06 FREEWAY ENTRANCES AND EXITS

7-06.1 Basic Policy

Desirably all interchange entrances and exits should connect at the right of through traffic. Freeway entrances and exits should be located on tangent sections where possible in order to provide maximum sight distance and optimum traffic operation.

7-06.2 Ramp Terminals

The ramp terminal is the portion of the ramp adjacent to the through lanes and includes the speed change lanes, tapers, gore areas, and merging ends. Figures 7-C through 7-H illustrate the various ramp terminal treatments.

The method of developing superelevation at free-flow ramp terminals is shown in Figure 7-H.

Figure 7-H1 shows a deceleration lane type exit on a tangent section of highway that leads into a flat existing curve. At Point B, the normal crown of the through roadway is projected onto the auxiliary pavement. At Point C, the crown line can be gradually changed to start the development of superelevation for the exiting curve. At Point D, two breaks in the crossover crown line in the painted gore would be conducive to developing a full superelevation in the vicinity of the physical nose.

Figure 7-H2 shows a deceleration lane type exit on a curved section of highway. The superelevation of the highway would be projected onto the auxiliary pavement.

Figure 7-H3 shows an acceleration lane type entrance on the high side of a superelevated horizontal curve. At Point D, the ramp superelevation would be close to zero and full superelevation would be attained at Point C.

Figure 7-H4 shows a typical cloverleaf entrance and exit on a tangent section of highway that leads into sharp curvature developing in advance of the physical nose. Part of the cross slope change can be attained over the length of the parallel auxiliary lane with about half of the total superelevation being attained at Point B. Full superelevation of the ramp proper is reached beyond the physical nose.

Superelevation transition should not exceed a maximum distribution rate of two percent per second of time for the design speed. Also, the suggested maximum differences in cross slope rates at the crossover crown line, related to the speed of turning traffic, should not exceed the values shown in Table 7-3. The design control at the crossover crown line is the algebraic difference in cross slope rates of the ramp terminal pavement and the adjacent mainline pavement. A

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desirable maximum difference at a crossover line is 4 to 5 percent.

Table 7-3

Maximum Differences in Cross Slope Rates at the Crossover Crown Line

Design Speed of Exit or Entrance Curve (mph)	Maximum Algebraic Difference in Cross Slope at Crossover Line (Percent)
15 and 20	5 – 8
25 and 30	5 – 6
35 and over	4 – 5

7-06.3 Distance Between Successive Exits

At interchanges there are frequently two or more ramp terminals in close proximity along the through lanes. In some interchange designs, ramps split into two separate ramps or combine into one ramp. Guidelines for minimum distances between successive ramp terminals are shown in Figure 7-I.

7-06.4 Auxiliary Lane Lengths

The minimum length of acceleration and deceleration lanes on Freeways and Interstate highways are shown in Figures 7-C (with reference to Figure 6-O) and 7-D. The auxiliary lane lengths shown in Figure 6-N are applicable to land service highways. The lengths should be increased when the upgrade exceeds 3 percent on acceleration lanes and on deceleration lanes when the downgrade exceeds 3 percent. The publication *A Policy on Geometric Design of Highways and Streets*, AASHTO, 1994, lists the ratio of length of auxiliary lane on grade to length on level.

7-06.5 Curbs

Curbs should not be used on ramps except at the ramp connection with the local street to provide for the protection of pedestrians, for channelization and to provide continuity of construction at the local facility.

INSERT FIGURE 7-1 HERE

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7-07 ADDITIONAL LANES

In order to ensure satisfactory operating conditions, additional lanes may be added to the basic width of traveled way.

Where an entrance ramp of one interchange is closely followed by an exit ramp of another interchange, the acceleration and deceleration lanes may be joined. This should be the general practice where the weaving distance is less than 2000 ft. Where interchanges are more widely spaced and ramp volumes are high, the need for an additional lane between the interchanges should be determined by an across-freeway-lane volume check. This check should include consideration of freeway grade and volume of trucks.

7-08 LANE REDUCTION

Lane reduction below the basic number of lanes is not permissible through an interchange. Where the reduction in traffic volumes is sufficient to warrant a decrease in the basic number of lanes, a preferred location for the lane drop is beyond the influence of an interchange and preferably at least one half mile from the nearest exit or entrance. It is desirable to locate lane drops on tangent alignment with a straight or sag profile so that there is maximum visibility to the pavement markings in the merge area.

7-09 ROUTE CONTINUITY

Route continuity refers to the provision of a directional path along and throughout the length of a designated route. The designation pertains to a route number or a name of a major highway.

Ideally, the driver continuing on the designated route should travel smoothly and naturally in his lane without being confronted with points of decision. This means the chosen through lane(s) should neither terminate nor exit. It is desirable, therefore, that each exit from the designated route or entrance to the designated route be on the right, i.e., vehicular operation on the through route occurs on the left of all other traffic.

7-10 WEAVING SECTIONS

Weaving is created by vehicles entering and leaving the highway at common points, resulting in vehicle paths crossing each other. Weaving normally occurs within an interchange or between closely spaced interchanges.

Desirably on cloverleaf interchanges the distance between loop ramp terminals should not exceed 800 – 1000 ft. Where the weaving volumes require separations greater than the desirable, consideration should be given to providing a collector distributor road.

The *Highway Capacity Manual*, Transportation Research Board, 2000, should be consulted for further information on weaving.

7-11 ACCESS CONTROL

Access rights shall be acquired along interchange ramps to their junction with the nearest existing public road. At such junctions, access control shall extend to the end of the acceleration or deceleration lane, excluding the taper. Desirably the access control should be extended beyond the end of the acceleration or deceleration lane taper a minimum of 100 ft. in urban areas and 300 ft. in rural areas.

The interior of all ramps and loops at interchanges shall also be acquired.

Where access is proposed at new or existing interchange locations, design waivers (submitted as an attachment to the permit application) to SECTION 7-11 will be granted only after a thorough analysis has been made with respect to the cost of acquisition and impact on safety. For further information on access control, see SECTION 5-08, "DRIVEWAYS."