



# Body Positivity

Join Health Educator Rachel Lendner to learn what “healthy numbers” to look for and how to achieve them while positively celebrating your body.

**Body Positivity**  
**Wednesday, May 8**  
**12 p.m. - 1 p.m.**

**Register Now**

Space is limited.

**Questions?**

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

